

# **Mental Health Refresher Course**

**Friday 16 August 2024 - Saturday 17 August 2024**

**Faculty of Health Sciences**

## **Scientific Programme**

Venue: Kine 9, CR de Wet – Bophelong Building, UFS  
Day 1, Friday, 16th of August 2024, 07:55-17:30

Time Topic

07h55-08h00 Welcome & Introduction

08h00-09h00 Management of Aggressive and Violent patient

09h00-10h00 Schizophrenia: Diagnosis and management

10h00-10h15 Tea

10h15-11h15 Attention Deficit and Hyperactivity Disorder

11h15-12h15 Application of Mental Health Care Act

12h15-13h15 Substance Use Disorders

13h15-13h45 Lunch

13h45-14h45 Bipolar and related disorders:  
Diagnosis and Management

14h45-15h45 Trauma and Stress Related Disorders

15h45-16h00 Tea

16h00-17h00 Burn out/ moral injury/case studies/etc.

17h00-17h30 Closing (Q & A) Dr Van Lill

DEPARTMENT OF FAMILY MEDICINE  
REFRESHER COURSE  
MENTAL HEALTH

Dates: 16 & 17 August 2024

Venue: Kine 9, CR de Wet – Bophelong Building, UFS

Day 2 Saturday, 17th of August 2024

08h00-09h00 Major Depressive Disorder

09h00-10h00 Management of Suicidal Patient at emergency department

10h00-10h30 Tea

10h30-11h30 Neurocognitive disorders/dementia: Diagnosis and management

11h30-12h30 Mental Health and Disability

12h30 Closing (Q & A)