

DEPARTMENT OF FAMILY MEDICINE
REFRESHER COURSE
PRIMARY HEALTH CARE

Dates: 22 & 23 August 2025

Venue: Kine 1 – Francois Retief Building / Kine 9, CR de Wet – Bophelong Building,
University of the Free State

| Time | Topic | Speaker |
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Day 1, Friday, 22nd of August 2025, 08:00 - 9:00 - Kine 1 (Francois-Retief Building)

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| 08h00-09h00 | Frik Scott Memorial Lecture: The role of primary care in our future. | Prof R Mash |
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Day 1, Friday, 22nd of August 2025, 09:00 - 17:30 - Kine 9 (CR de Wet – Bophelong)

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|-------------|--|---------------------|
| 09h00-09h05 | Welcome & Introduction | Prof D Hagemeister |
| 09h05-09h50 | What is primary healthcare? | Prof R Mash |
| 09h50-10h05 | Tea | |
| 10h05-10h50 | Recognising and managing common cancers in primary care | Prof A Sherriff |
| 10h50-11h35 | Caring for the elderly: Polypharmacy and frailty | Dr. M Harmse |
| 11h35-12h40 | Rational antibiotic use | Prof S Potgieter |
| 12h40-13h25 | HIV and TB in 2025: What every primary care doctor should know | Dr T van Zyl |
| 13h25-13h55 | Lunch (sponsored by Kloppers) | |
| 13h55-14h40 | Clinical Governance and Quality improvement in primary healthcare | Prof R Mash |
| 14h40-15h25 | Managing depression and anxiety in the consulting room | Dr. C van Niekerk |
| 15h25-16h10 | Prescribing oral corticosteroids – are we following the guidelines? | Dr. CC van der Bijl |
| 16h10-16h25 | Tea | |
| 16h25-17h10 | Legal pitfalls and reasons for litigation in primary care: Practical lessons | Dr. P Hagemeister |

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| 17h10-17h30 | Closing (Q & A) | Dr van der Bijl |
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Dates: 22 & 23 August 2025
Venue: Kine 9, CR de Wet – Bophelong Building, UFS

Day 2, Saturday, 23rd of August 2025

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| 08h00-08h45 | Update on childhood vaccinations | Prof U Hallbauer |
| 08h45-09h30 | Managing burnout: Identification and Intervention | Dr. R. du Plessis |
| 09h30-10h15 | Chronic Respiratory Disease: Asthma and COPD made simple | Dr. A Gerber |
| 10h15-10h30 | Tea | |
| 10h30-11h30 | The ideal clinic and PHC re-engineering | Me K Dauw |
| 11h30-12h30 | Clinical note keeping and records | Dr. J Maharaj |
| 12h30 | Closing (Q & A) | |