



# CHANGE MANAGEMENT

## BIOGRAPHY OF **DR GILBERT DENNIS**



Gilbert is a self-motivated Professional Coach with more than 3500 hours of face-to-face coaching experience. These hours have been accumulated from working with coachees of various positions (i.e., from supervisors up to and including C-suites) and across various sectors i.e., Manufacturing, Legal & Financial Services, Retail, Export Regulatory Body and Senior Academics.

### On Work/Business Experience

He holds an Associate position with the Centre for Coaching (UCT GSB) where he facilitates Coach Training on their Coaching

for Development Program. He also facilitates Coaching Circles; on the MBA elective at the University, the Astron Energy Leadership programs as well as mentors' coaches in training on both the six month and full year Professional coaching programs (2014-present). He has coached face-to-face on Advanced Leadership Programs across at the following organizations : Astron Energy (previously Chevron) , Alan Gray, South African Receiver of Revenue and Old Mutual Special Financing Unit.

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*...I have learned from those I have had the privilege to walk a coaching journey with—we all have opportunities for continued growth and development...it requires the courage to choose and deliberately engage with it...*

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### On Executive and Leadership Coaching

He has supported numerous Executives and C-suites in developing and expanding their Leadership bouquet of competencies (e.g., Influencing conversations and flexibility, building a powerbase through deliberate networking, Overcoming overwhelms through time and priority management, Strategy planning and Leading teams ) and how to navigate the complexities that they are confronted by. Some of his clients in these spaces include : ENSafrica, Oceana, Alan Gray, UCT, Peninsula Beverages, the South African Reserve Bank, Pearson's International, SAMRC and private clients, including coaches.

### Coaching Philosophy & Approach

Gilbert's coaching philosophy is based primarily on an Integral Coaching Approach to human potential and possibility, and our ability to show up with our whole selves. This he flavours with Neuroscience in bringing about the deeper understanding of impact and intention.

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